



Sedgeberrow



Hampton – Fairfield – Thistledown
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Hinton on the Green

THE HERALD



Mothering Sunday – 30 March

The magazine of the Churches of
Hampton, with Sedgeberrow
and Hinton on the Green

30p

March 2025
www.hamptonchurch.org.uk

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Articles are submitted on the understanding that they may be edited to fit the available space.

Articles can be submitted by email to: editor@hamptonchurch.org.uk

or sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ

Large Print editions of the magazine are available on request.



Making the World a Better Place - from the Archdeacon of Worcester

March sees the beginning of Lent and Ash Wednesday, when millions of Christians will gather in churches around the world to get on their knees and have their forehead marked with an ashy cross as they hear either the words, "Repent, and believe the gospel!" or "Remember that you are dust, and to dust you shall return."

It's somehow wonderful to look around and see a bunch of other people with smudgy black crosses on their foreheads. As you make your way home, you often get a lot of second takes from people without crosses, and a sense of silent solidarity with people who are also choosing to display their repentance. Those ashy crosses dotting faces are beautiful, and they are powerful symbols of faith and discipleship.

Lent is a time for believing, for reviewing and renewing our discipleship, for welcoming God into our lives and allowing Him to 'make his dwelling' among us. It is a time to reconsider the path we are taking, to find the route that leads us home and to rediscover our profound relationship with God.

These 40 days are not just about the little sacrifices we make, but about discerning where our hearts are

directed. As Christians, part of our calling is to make a difference in the world in which we are placed. We are challenged to imagine a world as God would have it be; "your kingdom come; your will be done"



In the Gospels, we see Jesus telling his disciples to proclaim the Kingdom not by words but in deeds! He tells his followers that this is their vocation to bring about the kingdom of God in acts of love and compassion.

Every time we show that love in acts of charity, by standing alongside the lonely, the unloved, the world's oppressed and marginalised, we not only proclaim God's Kingdom, but build that Kingdom here and now.

I Pray that our Lenten journey will move our hearts to make the world a better place. And, that we might be, as Jesus taught, in the world in a new way; to be present to the people and problems around us as Kingdom People, proclaiming by word and deed, love compassion, justice and freedom.

Mark Badger, Archdeacon of Worcester



In our Thoughts and Prayers

A Prayer for March

Dear Lord,

In this month when Lent begins, we remember the difficult journey Jesus made to the cross, to take upon Himself our sins and the sins of the whole world, to bring us the hope of eternal life by His resurrection.

Lord, we bring to You our own journeys through our daily lives. We bring our disappointments, our bewilderment, our pain, as well as our happy times. We thank You that You are with us in and through all of it.

We thank you that the message of Christmas is the message of Lent and the message of every day – You, our God, are with us always, giving us hope and life, because of Jesus.

Thank You that He made that journey for us, and all we have to do is trust in Him. Help us to do that and to share His good news with others, especially those in distress. We pray in His name. Amen.

By Daphne Kitching

A Prayer for Lent

O Lord,

The house of my soul is narrow; enlarge it that you may enter in.

It is ruinous, O repair it!

It displeases Your sight.

I confess it, I know.

But who shall cleanse it, to whom shall I cry but to you?

Cleanse me from my secret faults, O Lord, and spare Your servant from strange sins.

St. Augustine of Hippo (AD 354-430)



For all those who are sick, in special need or house- bound:

Mary Andrews; Sue Burdett; Ivor Davies; Harry Edwards; Caroline Evans; Ann Fletcher; Joan Harding; Bev Koskina; Rosemary Orr; Joan Parry; Keith Payne; Caroline Rusher; Steven Rhodes; Marie Smith; Marguerite Smith; Carol Thould; Jennifer Waters

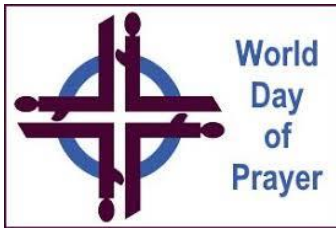
For those who have died, and all who mourn them:

Frederick Davis, Pearl Morgan, Liz Jennings and Clifford Lewis

World Day of Prayer Service

St Andrew's Church - Friday 7 March at 11am

Followed by a light lunch



The service has been prepared by Christian women in the Cook Islands.

As we take part in this service, we are part of a wonderful wave of prayer which encircles the globe, praying with, and for, the Cook Islands and its people.

The artwork for this year's World Day of Prayer, entitled "Wonderfully Made" was created by mother and daughter duo Tarani Napa and Tevairangi Napa Here, they share the vision they had for their composition based on Psalm 139:14: ***'I praise you, for I am fearfully and wonderfully made'.***

"Our Heavenly Father blessed our islands of the sea. From the northern islands across the ocean to the southern islands, the golden sun shines through the clear blue skies and birds freely fly. From the bright, white sandy shores all the way to the highest mountaintop our islands are abundant with fresh produce and colourful flora and fauna. The lagoons and oceans are bountiful with sea life, fish and gems (like black pearls), which link us to the world.

On each island the mighty coconut tree stands tall, a symbol of strength and goodness. The coconut tree provides for our health and wellbeing. We have discovered how to use every part, from the fronds to the very deep roots for food, drink, medicine, shelter and much more. The coconut tree is essential to our survival and is the tree of life for our people.

We are grateful for the arrival of Christianity to our shores 200 years ago. The gospel of Jesus Christ brought hope, peace and light. In time, our cultures have interwoven with Christianity, and the blessings are evident today. As guardians and caretakers of God's marvellous works, we always treasure these words, 'I made you wonderful'.

Our women play a vital role in keeping our heritage and traditions alive. They are the keepers of talents, teachers and mentors. From mothers to daughters, the cycle of life, faith and love continues here on our islands of paradise. We show our respect and love for God and for one another in harmonies of song and prayer. From the heart, we teach and nurture our beloved children, the younger generation, our future.

At the closing of a gathering, our Tongareva elders always say these powerful words of encouragement: **'Kia mau te serenga! Kia mau te napena! Kia mau!'** This means *'hold on tight to who you are, in all aspects of your existence!'* We are wonderfully made by God, and we should cherish all the aspects of who we are!

Hampton Benefice

Safeguarding Information

We have adopted the national Church of England's robust procedures and guidelines. You can find out more about the national policies and procedures at: <http://www.churchofengland.org/safeguarding>.

Our Safeguarding Officer is:

Margaret Thomson 07917 726411.

The Diocesan Safeguarding Adviser, Hilary Higton, can also be contacted on 07495 060 869.

If you have concerns about the immediate safety of someone, please don't delay, dial 999 and ask for the police.

Contact us

St Andrews Church, Pershore Road, Hampton, WR11 2PQ.

office@hamptonchurch.org.uk

01386 446381

St Andrew's is part of the Diocese of Worcester

From the Registers – January 2025

Baptisms		
19 January	Larissa Lister	Hampton
Funerals		
24 January	Lilian Huxley	Hampton
Burial of Ashes		
22 January	James Spragg	Hampton

St Mary the Virgin, Sedgeberrow

Our next coffee mornings:

Thursday 27 March at 10am

Thursday 24 April at 10am

**Benefice Eucharist at Sedgeberrow – Sunday
2 March 10.00am**

Benefice Eucharist at Hinton – Sunday 6 April 10.00am



Magazine Subscription Due

Just a reminder that the annual subscription for The Herald is due.

New Church Electoral Roll

The electoral roll of the church is the formal list of church members, and those (over the age of 16) who worship regularly should have their name on the roll. Only those on the roll may vote at the church annual meeting or stand for election. Each year before the annual meeting, the electoral roll must be brought up to date. Usually that involves just making amendments to the roll, but every six years a new electoral roll must be prepared. In 2025 every parish in the country will be preparing a new roll.

Those presently on the roll should receive a letter from me enclosing an application form. Blank application forms for those who do not have their names on the present roll will be available in church or can be requested from the church office. At St Andrew's the process for producing the new roll starts on 9 March and all completed forms must be returned by 20 April. The new roll will come into effect on Sunday 27 April. A copy will be available in church for you to check that your details are correct.

The dates for the other parishes may be slightly different depending on the date of their Annual Meetings.

Michael Hunter, Electoral Roll Officer
St Andrew's, Hampton

Electoral Roll



Belong



Participate



Contribute

Sudoku Solutions (from p17)

Easy Sudoku

3	4	9	5	1	6	2	7	8
7	6	2	9	8	4	1	5	3
1	8	5	3	2	7	4	9	6
6	5	7	2	4	8	3	1	9
4	2	1	6	3	9	5	8	7
8	9	3	7	5	1	6	4	2
5	7	6	1	9	2	8	3	4
2	1	8	4	7	3	9	6	5
9	3	4	8	6	5	7	2	1

Medium Sudoku

6	1	4	9	8	3	7	2	5
9	5	3	7	4	2	8	1	6
8	7	2	6	1	5	9	3	4
2	4	7	8	5	6	1	9	3
3	6	5	1	2	9	4	8	7
1	9	8	4	3	7	6	5	2
4	2	9	3	7	1	5	6	8
7	3	6	5	9	8	2	4	1
5	8	1	2	6	4	3	7	9

FUND RAISING EVENTS FOR HINTON - Musical Evening with the band Fossil Fuel, in Sedgeberrow on 22 March. Tickets are priced at a reasonable £8.00. Contact Clare for tickets on clare7875@gmail.com or ask other Hinton PCC members.

EYES DOWN FOR EASTER BINGO – Saturday 12 April at 7pm: Hinton on the Green. Message clare7875@gmail.com for details

Events Update –March 2025

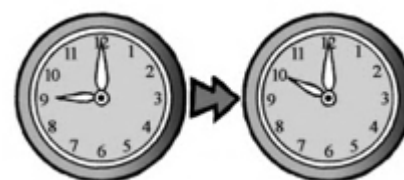
Benefice Eucharist	Sun	2 Mar 10.00am	Sedgeberrow
St Andrew's Tots	Tues	4 Mar 9.30am	Scout & Guide Hall
World Day of Prayer	Fri	7 Mar 11.00am	Hampton
Open Church	Sat	8 Mar 10.00 – 12.00	Hampton
St Andrew's Tots	Tues	11 Mar 9.30am	Scout & Guide Hall
St Andrew's Tots	Tues	18 Mar 9.30am	Scout & Guide Hall
Charity Fundraiser for Hinton	Sat	22 Mar 7.30pm	Sedgeberrow
St Andrew's Tots	Tues	25 Mar 9.30am	Scout & Guide Hall
Coffee Morning	Thurs	27 Mar 10.00am	Sedgeberrow
Mothering Sunday Service	Sun	30 Mar 10.00am	Various
No 2 C's Today	Sun	30 Mar 2.30 – 4.30	Scout & Guide Hall
Benefice Eucharist	Sun	6 Apr 10.00am	Hinton
Bingo Evening	Sat	12 Apr Time tbc	Hinton

Don't forget that the clocks go forward at 2am on Sunday 30 March

This marks the beginning of British Summertime, which started when the Summer Time Act was passed in 1916 so that people in the northern hemisphere could make more use of the daylight hours. Double Summer Time (Greenwich Mean Time + 2 hours) was used during the Second World War.

People's opinions on British Summer Time vary with geographical location, occupation and lifestyle. Much of Europe and North America change their clocks too.

If you usually have difficulty adjusting, The Sleep Council suggest that a few nights before the clocks are due to go forward, start going to bed a little earlier each night and wake up 10-15 minutes earlier each morning. When Sunday arrives, you will already be adjusted. This is particularly helpful for those with young children.



St Peter's Church, Hinton on the Green

A Prayer from Iona



As you walk the paths through life, with their many ups and downs, may they all lead you to a greater transformation and inner freedom. May you find an ever-firmer foundation for your spiritual feet to tread.

This got me thinking about feet and how much we ignore them whilst still expecting them not to give us any problems. Just as the Disciples followed Jesus on foot and with few possessions, so early Irish Evangelists such as Saints Columba, Aidan and Chad walked thousands of miles throughout the length and breadth of Scotland and beyond. They took twelve companions with them just as Jesus took the twelve Disciples. Aidan went from Iona to Lindisfarne, 'Holy Isle', to set up his own Monastery. Columba had already traversed Ireland before coming to Iona. The flowering of Christianity in Ireland led to the Gospel being taken all over Britain and on into Europe, and Missionaries even went as far as Russia and Iceland. Continuing with the theme we learn that Columba was humble. "He would bathe the feet of the Brethren after their daily labour". Prior to the Crucifixion Mary washed the feet of Jesus with precious oils and dried them with her own hair. Some few days later Jesus himself washed his Disciples' feet, even those of Judas. Especially with Easter coming up fairly soon it reminds us that Jesus walked along the 'Via Dolorosa' in Jerusalem carrying the heavy wooden cross. From this walk the spread of Christianity began.

In Hinton the spring flowers are well on their way, and it is a joy to see them. Our churchyard is beautiful at any time of the year and there are seats there if you should visit. This will become even more worthwhile in the future as we hope to have St Peter's opened regularly at certain times during the week.

If you are planning a wedding the Church is large enough to take a good-sized congregation and the Churchyard is perfect for the memories contained in your photos, taken both before and after the ceremony. If you are interested, please approach one of our Churchwardens.

A plea to those who use our **wheelie bins**. Please, please put the right items in each bin. For example black plastic cannot be recycled and cellophane and wire frames for floral tributes should not go in the compost bin. Each bin is labelled and if the wrong things are placed in them the whole point of composting or recycling is negated.

St Peter's Church, Hinton on the Green cont:

We have some events coming up which will be of interest

Firstly there will be a **Musical Evening with the band Fossil Fuel**, in Sedgeberrow on 22 March. Tickets are priced at a reasonable £8.00. Contact Clare for tickets on clare7875@gmail.com or ask other PCC members. Following the success of our previous Bingo Evening, we are going to have another one on 12 April! . Watch this space for more details and get your tickets early as the event will book up quickly.

Finally – the date you've all been waiting for – **the Hinton Fête** will be on Sunday 13 July commencing at 12.00 noon. All the usual entertainments – stalls with cakes, bric-a-brac, books, plants etc - a raffle, games, refreshments, BBQ food, ice creams and a lovely country venue to enjoy all these in. We're hoping to have another Dog Show as last year's was such a success and each year the Fête gets bigger and better! **Rosemary Cross:**

Not a Tame Lion

A Lent Course based on the writings of C.S. Lewis

by Hilary Brand

All Saints, Evesham

Monday evenings at 7.00 pm, during Lent

starting on 10th March

Based on the writings of CS Lewis, topics will touch on living in a world that seems topsy-turvy and threatening at this time



- ❖ Week One: Living in the shadow - Enjoying the sunlit land
- ❖ Week Two: Living with the beyond - Thinking the unthinkable
- ❖ Week Three: Living with the unexplained - Finding the deeper magic
- ❖ Week Four: Living with what we've been given - Accepting ups and downs
- ❖ Week Five: Living with absence - Uncovering the purpose

Screenings of the films: The Lion, the Witch and the Wardrobe, and Shadowlands, will be offered at 7.00 pm on Monday 24 February and Monday 3 March in All Saints.

The Parish Church of All Saints, Evesham

(01386) 442213 office@evesham.church



Evesham Festival of Words

'The Cake Lady

Friday 18th April 2025 2.30 pm

Enjoy a classic **Raphael's** Afternoon Tea in the company of Kath Ryan. For more than 10 years Kath has been bringing home comforts to injured soldiers. It began when she visited her sister in hospital in Birmingham, taking some home-made cakes to cheer her up. Kath's sister shared them with injured soldiers in the hospital.

Not long after, **Cakes 4 Casualties** was born, with Kath baking every week for injured troops, continuing when they left hospital for rehabilitation. Not only buying the ingredients and baking the cakes, but she also spends time with "her boys". "A cake and a cuddle go a long way."

Venue: Raphael's Restaurant, Boat Lane, Evesham. WR11 4BP

Tickets: £15, including afternoon tea (pre-booking essential) available direct from Raphael's or online via www.eveshamfestivalofwords.org or info@eveshamfestivalofwords.org or tel: 0787 1285606

More details of these and other events: www.eveshamfestivalofwords.org

Open The Book celebrates 25 years of Bible storytelling

Do you remember hearing your first Bible story? Most of us would have been children at the time.

If you heard them often, those stories would now be a part of you, giving you hope in dark times, and a way to understand the world around you, and a sure sense that the God of the Bible exists.



This year Bible Society's **Open the Book** turns 25. It has seen remarkable progress in getting Bible stories 'out there', to young children right across the world. Open the Book brings the Bible to life through its creative and interactive storytelling approach.

From England to Kyrgyzstan, storytelling teams visit schools and present a ten to fifteen-minute scripted Bible story, designed to be interactive.

Over many years, hundreds of volunteers and creative storytelling teams have shared the ageless stories in thousands of primary schools.

Would you like to share Bible stories with primary school children? Why not become a storyteller and get a team started from your church? Find out more at:

<https://www.biblesociety.org.uk/get-involved/open-the-book/>

What's the Big Idea? - An Introduction to the Books of the Old Testament: Psalms

This month we continue our examination of a selection of books from the Old Testament.

'The Psalms have a unique place in the Bible, because most of the Scripture speaks to us, while the Psalms speak for us' (Athanasius of Alexandria).

The Book of Psalms contains 150 prayers or songs of praise, the majority (73) attributed to David, although some were composed later. They were mostly composed for liturgical worship. There are songs of praise, in which people joyfully express praise for God's work of creation and sustaining (e.g. 135 & 136). In others, the psalmist recounts a desperate situation and gives thanks for God's answer to his prayers (e.g. 30 & 116).

There are a significant number of psalms of lament, both individual (e.g. 3-7; 22) and communal (e.g. 44), which begin with a cry for help. Some express deliverance from sin (51 & 130), or point to the certainty that the Lord has heard their prayer (7, but contrast 88). The theme of trust is central in many psalms (23, 62 & 91).

The 'royal psalms' (e.g. 20, 21 & 72) point to the promised Messiah, fulfilled in Jesus. There are also psalms teaching wisdom (e.g. 37, 49); 'torah' psalms, focussing on the law of the Lord (e.g. 1, 19 & 119), and psalms which celebrate the history of Israel and God's faithfulness (e.g. 78, 105 & 106).

The psalms can help us in our own prayers, by providing us with models to follow, as they express our own deepest feelings as we approach God: *'The Lord is my shepherd, I shall lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he restores my soul'* (Psalm 23:1-3).

ST ANDREW'S CHURCH

THE TWO C'S MONTHLY TEAS

Conversation & Company

For those who are lonely or bereaved.

Please come & join us for - **Traditional Afternoon Tea**

Last Sunday of the month

*****No Two C's – 30 March 2025*****

Next Two C's – 27 April 2025 from 2.30 – 4.30

Reflecting Faith: The Meaning of Baptism

The Revd Dr Jo White considers the history of baptism.

Last month we considered the overall 'look' of a church building and how that often reflects the way faith is celebrated inside.

One of the clearest visual symbols inside a church building relates to where the font, used for baptism, is placed.

We often think of Baptism as being uniquely Christian, but this is not the case. Most established religions have some form of rite to welcome a new person – regardless of their age – into their fellowship.

If you think of Jesus being baptised in the river Jordan by John, it is clear that this was something within the Jewish practice happening before 'Christianity' came into being.

When Paul writes to the Corinthians in his first letter, he compares the Christian rite with baptism 'into Moses in the sea'. This comes from him being a Hillelite rabbi who argued that as 'the Jews passed from slavery in Egypt through the Red Sea into Canaan, so the Gentile passed from heathenism through baptism into the "promised land" '.

Baptism was intended as a symbolic action of outward cleansing, meaning change, from not being part of the 'group' to being welcomed into it. It was accepted that the person's inside did not change! There was and still remains nothing magical about that (unfortunately).

In the Book of Acts there is an instance where one person chose to follow Christ, and the whole family was baptised.

The Early Church took baptism very seriously, and new believers had to spend a good length of time preparing for it. As the years passed, the babies of Christian believers came to be baptised shortly after birth.

This month

Have a think about your own Baptism. What value do you place on it? Do you feel it makes you part of the Christian Family, or was it so long ago that for you, it's become an irrelevance?



Please Save Your Used Stamps

Your used stamps are a great way to raise money for
Please put them in the box in Church OR
leave in the porch at 110 Pershore Road

Please trim excess paper to a border of 1cm

What's happening with the Vacancy in See

During January the members of the Crown Nominations Commission who will appoint our new Bishop met together to put together the person specification for our new bishop which will be sent to prospective candidates alongside our Statement of Needs and a report from the Archbishop and Prime Minister's appointment Secretaries following their consultation in the Diocese. It is anticipated that candidates will be shortlisted in May with interviews happening on 12 and 13 June and an announcement in July.

The Crown Nominations Commission is made up of six people from our diocese who were elected from our Vacancy in See Committee alongside six representatives from the national Church, the Archbishop of York and the Bishop of Oxford (sitting on our CNC in the place of the Archbishop of Canterbury).

The representatives of the CNC elected from our diocese are as follows:

Kashmir Garton - has worked in the criminal justice system for over 30 years and has been national faith lead for the Probation Service since 2021. Kashmir is an ALM at The Bridge Church in Redditch, Lay Chair of Redditch and Bromsgrove Deanery and one of our General Synod reps.

Nikki Groarke - has been Archdeacon of Dudley since 2014 and has led us on our transformation and change journey for the past four years.

Rich Johnson - Vicar of All Saints Worcester, one of our two Resourcing Churches. He has over 20 years' experience of church growth and revitalisation, working with both the diocese and national church.

Claire Lording - Vicar of Pershore with Pinvin, Wick and Birlingham for over nine years. Has been Chair of the House of Clergy and is an Honorary Canon of the Cathedral.

Hugh Richards – a member of St Cassian's Church in Chaddesley Corbett (where he is churchwarden. He is a member of Bishop's Council and the Transformation Delivery Steering group and is Chair of the House of Laity.

Iren Treasure - the youngest member of our Vacancy in See Committee who turned 21 towards the end of last year. He has grown up in the Black Country and is currently a member of Top Church in Dudley where he lives with his family when he is not studying English Language and Literature at Oxford University.

Heavenly Father,

We thank you for those you call to faithfully lead and shepherd your church.

As we seek a new Bishop of Worcester, help us to be attentive to the Holy Spirit's guidance, give us heavenly wisdom, and bless our diocese that we might enter a new season of growth and fruitfulness as Kingdom People.

For your glory and in the name of Christ. Amen.

St Andrew's CE First School

Successful Learners; Success for Life



The last half-term has been another action-packed learning extravaganza for every class.

Year 5's topic 'Crime and Punishment' meant that they had a wonderful opportunity to meet Officer Stephen Cullis and PEI Julie Stowe from Long Lartin prison. Their visit really helped the children understand the next chapter in their topic: *the role of prison officers and how their work impacts a criminal's sentence and rehabilitation*. The children's maturity was impeccable, and they asked some very insightful questions. Some lucky pupils had the opportunity to try on the prison officer's uniform, lie in a scaled jail cell and see real clothes which the prisoner's wear in Long Lartin. It was such an informative visit

As part of their topic, Year 1 had an unforgettable adventure at *Crocodiles of the World*, the UK's only crocodile zoo! The children were thrilled to see real-life crocodiles, alligators, and even baby hatchlings up close. They learned fascinating facts about these amazing reptiles, including how they hunt, swim, and stay hidden in the water.

The highlight of the trip was watching the crocodiles being fed—some even snapped their powerful jaws! The children asked lots of questions and impressed the keepers with their curiosity. It was a fantastic day full of learning and excitement, and Year 1 can't wait for their next big adventure!

This half-term, Year 3 embarked on an exciting trip to Worcester Cathedral! They had a guided tour, spotting and sketching fascinating artifacts along the way. Then, they attended three hands-on workshops. In the first, they explored Holy Communion by discovering sacred items in a small chapel and learning how they're used. Next, they dived into the world of cathedral symbols, decorating rocks with meaningful designs. Finally, they brought Bible stories to life through drama! It was a jam-packed day full of discovery, creativity, and fun!

Recently, Reception children have been learning about China as part of their '*I am an Explorer*' topic! They discovered that this year's Chinese New Year, celebrated on Wednesday 29th January, marks the Year of the Snake. The children loved finding out which animal represented their birth year and where it placed in the legendary Great Race. Tasting and cooking were big highlights—chopping peppers for noodles and sampling prawn crackers was a hit! The Chinese restaurant role-play area was also a favourite, sparking fun conversations about their new discoveries. What an exciting way to learn.

Joel Turvey – Headteacher

office@st-andrews.worcs.sch.uk

Tel: 01386 41351

RECIPE – Leek, kale & potato soup with crispy potato garnish

Ingredients

- 4 large potatoes (around 500g), 3 peeled and cubed, 1 left whole, skin on
- 1 tbsp cold pressed rapeseed oil
- 15g butter
- 5 leeks (around 500g), washed and sliced into semi circles
- 2 sliced garlic cloves
- 1½litre vegetable stock
- 200g kale
- 2 tbsp half-fat crème fraîche
-



Method

- Heat oven to 220C/200C fan/ gas 7 and line a baking tray with parchment.
- Cut the whole potato into thin strips using a julienne peeler, or shave thin slices using a vegetable peeler. Pat dry using kitchen paper, then toss with the oil and some seasoning. Spread out on the tray and roast for 15-18 mins.
- Melt the butter in a large saucepan. Add the leeks, chopped potatoes and a pinch of salt, then cook gently for 10 mins until the leeks have softened.
- Stir in the garlic and cook for 1 min more, then pour in the stock.
- Simmer for 10-12 mins until the potatoes are soft, then add the kale and cook for 2-3 mins to wilt.
- Stir in the crème fraîche, then blitz with a hand blender and season to taste.
- Divide the soup between bowls and top with the crispy potato.

ST ANDREW'S TOTS

HAMPTON GUIDE & SCOUT HALL

Every Tuesday in term time, at 9.30am

For further information:

Margaret Thomson 01386 47541

or look at our Facebook page



Sudoku – Easy

	4			1				8
7	6	2	9		4			
	8	5	3	2	7		9	
6				4			1	
4	2						8	7
	9			5				2
	7		1	9	2	8	3	
			4		3	9	6	5
9				6			2	

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Sudoku - Medium

	5				2	8		
			6	1	5	9		
	4		8					3
3								7
1					7		5	2
		9	3	7	1			
		6	5				4	

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Solutions on page 7

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 - ★ Lawn Care ★
 - ★ Garden Clearance ★
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SERVICES FOR MARCH 2025

2 March – Sunday next before Lent			
	8am	Holy Communion	Hampton
	10am	Benefice Eucharist	Sedgeberrow
Exodus 34: 29-end; 2 Corinthians 3: 12 – 4: 2; Luke 9: 28-36 [37-43a]			
Ash Wednesday 5 Friday 7	10am	Holy Communion	Hampton
	12 noon	World Day of Prayer	Hampton
9 March – First Sunday of Lent			
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Praise	Hinton w. Sedgeberrow
Deuteronomy 26: 1-11; Romans 10: 8b-13; Luke 4: 1-13			
Wednesday 12	10am	Holy Communion	Hampton
16 March – Second Sunday of Lent			
	8am	Holy Communion	Hampton
	10am	Morning Praise	Hampton
	10am	Holy Communion	Sedgeberrow
	3pm	Holy Baptism	Hampton
Genesis 15: 1-12, 17-18; Philippians 3: 17 – 4: 1; Luke 13: 31-end			
Wednesday 19	10am	Holy Communion	Hampton
23 March – Third Sunday of Lent			
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Praise	Sedgeberrow
Isaiah 55: 1-9; Corinthians 10: 1-13; Luke 13: 1-9			
Wednesday 26	10am	Holy Communion	Hampton
30 March – Fourth Sunday of Lent (Mothering Sunday)			
	8am	Holy Communion	Hampton
	10am	Morning Praise	Hampton
	10am	Morning Praise	Sedgeberrow w Hinton
Exodus 2: 1-10 or 1 Samuel 1: 20-end; 2 Corinthians 1: 3-3 or Colossians 3: 12-17; Luke 2: 33-35 or John 19: 25b-27			

SERVICES FOR APRIL 2025

Wednesday 2	10am	Holy Communion	Hampton
6 April – Fifth Sunday of Lent			
	8am	Holy Communion	Hampton
	10am	Benefice Eucharist	Hinton
Isaiah 43: 16-21; Philippians 3: 4b-14; John 12: 1-8			
Wednesday 9	10am	Holy Communion	Hampton
13 April – Palm Sunday			
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Praise	Sedgeberrow
Isaiah 50: 4-9a; Philippians 2: 5-11; Luke 22: 14-end of 23 Or Luke 23: 1-49			

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